

**LHIC Healthy Weight Workgroup Meeting
4.23.15 – 8:30 a.m.
Potomac Room**

Agenda

- I. 8:30 – 8:35 Introductions
- II. 8:35 - 9:05 Guest Speaker Presentation followed by QA
 - Healthy Harvest
- III. 9:05 – 9:10 Approval of Minutes from 3.26.15
- IV. 9:10 – 9:45 Action Groups Updates
 - i. Farmers Markets
 - ii. Sugar Sweetened Beverages
 - iii. Promote Healthy Foods
 - iv. Physical Activity
 - v. Walkable/Bikeable Community Advocacy
 - vi. Resource List
 - vii. Sleep
- V. 9:45 - 9:50 Join.me Follow Up
- VI. 9:55- 10:00 Announcements / Information sharing

Upcoming Meetings:
Please see back of the agenda for full schedule.

2015 Healthy Weight Work Group Meetings

May 28th - 9:30 a.m. 10:30 a.m. (**Following full LHIC meeting – Location: TBD**)

June 25th - 8:30 a.m. – 10:00 a.m. (**Location – Barton B**)

July 23rd - 9:30 a.m. 10:30 a.m. (**Following full LHIC meeting – Location: TBD**)

August 27th - 8:30 a.m. – 10:00 a.m. (**Location – Barton B**)

September 24th - 9:30 a.m. 10:30 a.m. (**Following full LHIC meeting – Location: TBD**)

October 22nd - 8:30 a.m. – 10:00 a.m. (**Location – Barton B**)

November: TBD

December: TBD